

# Dunkleys

## Gymnastic Camp

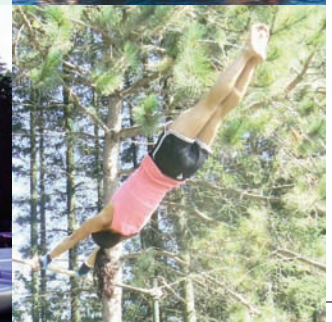
### on beautiful Lake Champlain

# 2018

## June – August

**Our excellent full-time staff includes safety certified coaches and presently competing collegiate gymnasts.**

- **Director, Ruth Dunkley McGowan**  
National Collegiate Competitor, Coach New England Prep School Champs/USAG State Champs, Certified Level 9 Judge, Red Cross Life Guard with over 40 years counseling experience.
- **Co-Director, Dan McGowan**  
with an M.Ed in guidance, Dan is our head sailor/waterski instructor on the waterfront.
- **Katie McGowan** - Waterfront Director  
Certified CrossFit Instructor, CO & MA Club Coach, 18th summer counseling.
- **Mickey Krug** - VT Coach, Athletic Trainer, Red Cross Lifeguard, 8th summer.
- **Cece Arrison** - ME Club Coach. Waterfront Staff, 7th summer.
- **Sarah Haggerty** - VT Club Coach, 4th summer.
- **Shelby Jones** - VT Collegiate Competitor, Club Coach, Owner Cobra Gymnastics, Choreographer, 5th summer.
- **Nenah Fitch** - VT Collegiate Competitor Club Coach, Choreographer, 6th Summer.
- **Sophie Knittle** - VT Club Competitor & Coach, Athletic Trainer, 4th Summer.
- **Kelly O'Brien** - NY Collegiate Competitor Club Coach, 3rd Summer.
- **Dan Linde** - VT Certified Martial Arts Instructor, Club & Cheer Tumbling Coach, 17th year.
- **Jen Rainville** - VA Club Coach, 10th summer.
- **Ashley Bachand** - VT Club Coach, Choreographer, 7th year.
- **Bob Abbott** - NH Collegiate & Club Coach, 8th summer.
- **Maddie Bowen** - MA Collegiate Competitor & Club Coach, 5th Summer.
- **Charlie Lipscomb** - NH Club Competitor & coach. 4th summer, Red Cross Lifeguard.
- **Mary Krug** - VT Club & HS State champ & club coach, 9th summer, Lifeguard.
- **Ella Hampson** - CA Club Coach, 3rd summer.
- **Jen McGowan** - Club Competitor and Coach, 15th summer.



# Dunkleys Gymnastics Camp

## for Girls and Boys on beautiful Lake Champlain

35 Kibbe Farm Road, South Hero, Vermont 05486

**C**ome join our "family of gymnasts" at Dunkley's unique Gymnastic Camp! We accept only 50 campers each session, this permits our professional staff to devote time and expertise instructing each gymnast in a personal way.

Three family style meals, snacks & dietary needs are served.



**CELEBRATING OUR 46TH YEAR**

*You are special in our family! Limited to 50 gymnasts! Ages 7 - 17*

- Classes held outside in good weather to take advantage of Vermont sunshine.
- Free pick-up and delivery from airport or bus station in Burlington.
- Dance instruction and work on dance composition.
- USAG safety certified instructors.
- Campers reside in cabins on the shores of Lake Champlain. Younger campers are housed in the main lodge.
- 24 hour a day supervision-sleep in counselors in each cabin.
- Coach-camper ratio of 1-5
- A well rounded progression curriculum for beginner through Level 9. Indoor facility complete with official Olympic equipment and spring floor available for rainy days.
- Video taped sessions for immediate feedback and learning.
- Tubing, swimming, sailing, canoeing, kayaking, wake boarding and water skiing [American Red Cross certified lifeguards]
- Trampoline, tumble-tramp and mini trampoline instruction.
- A great experience for the "first time" away from home.
- In-ground foam pit for landings and vaults.
- Opportunities to work on USAG compulsories.
- "Counselor in Training" CIT Program available for 15 yr. and up.
- Ninja obstacle course, Martial Arts, Biking, Archery, Dance, Art Classes, Photo, Wood Working, Culinary Arts, Team Sports and True Camp Activities (sing along campfire, treasure hunt, camp fair, "minute to win it", camp clue.....)

**Dunkley's Gymnastic Camp APPLICATION** (please print clearly)  
 22 Ayers Dr. Jericho, Vermont 05465 H.802-899-3479 C.802-318-1478 dunkleysgymcamp@gmail.com

Camper's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Enclose a non-refundable \$100.00 deposit for each session  
 \*Two Week Sessions \$1500  
 One Week Session \$850

Personal/business or Traveler's Checks only  
 ALL GIRLS, except Weeks 5 & 6 CO-ED

- |                                   |                                       |
|-----------------------------------|---------------------------------------|
| 1 _____ June 17 - June 22 (Girls) | 6 _____ July 22 - July 27 (Co-Ed)     |
| 2 _____ June 24 - June 29 (Girls) | 7 _____ July 29 - August 3 (Girls)    |
| 3 _____ July 1 - July 6 (Girls)   | 8 _____ August 5 - August 10 (Girls)  |
| 4 _____ July 8 - July 13 (Girls)  | 9 _____ August 12 - August 17 (Girls) |
| 5 _____ July 15 - July 20 (Co-Ed) |                                       |

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Skill Level: Beginner Recreational XCELL \_\_\_ USAG \_\_\_

"Bunk Mate" Requests: \_\_\_\_\_

Parents' Names: \_\_\_\_\_

Insurance \_\_\_\_\_ Company# \_\_\_\_\_

\* No refunds after May 1, 2018

\* Full payment due by May 1, 2018

Sessions run Sunday 2 PM through Friday 3 PM Exhibition (weather permitting)

Special activities are scheduled for "stay over campers" For sessions 1/2 3/4 5/6 7/8.

~Combinations of other weeks may be accommodated~ [www.DunkleysGymnasticsCamp.com](http://www.DunkleysGymnasticsCamp.com)